



## ATHLETIC DEPARTMENT COVID19 PROTOCOLS

As you know, UFTL will offer 100% on-line classes this fall, so that will help reduce the spreading of this virus. Our university will continue to follow protocols already being in place such as face masks, temperature checks, hand sanitizer and social distancing in our offices.

Some of the preliminary ideas being considered for the UFTL Athletic Department include and are not limited to:

1. UFTL will follow the NCCAA Temperature Check-in and Contact Form.
2. Practices, before each practice, coaching staff will go through all COVID 19 protocols.
  - a. Temperatures will be taken before every training session/practice and before games for each and all athletes present.
  - b. Each athlete present must use hand sanitizer before moving on to practice and or game.
3. Practices and Games all coaches and all staff must always wear masks (Inside and or outside at the fields).
4. Practices, if the practice is not at the field or court and it is conducted inside (film session or meeting) All coaching staff and players must always wear a mask and practice social distancing of 6 feet apart.
5. Athletes, coaches, and staff must all wear masks on buses and vans when traveling.
6. Athletes, coaches, and staff may be asked to sit in their "own" row or separate seats on buses, if possible.
7. Bus companies have been asked to "wipe down" or "spray" the bus interior after we exit but our own staff may be asked to do this.
8. It will be recommended that at every training session or practice, Athletes have their own water bottle and that there is no sharing of water bottles.
9. Uniform care continues to be an issue. Training or coaching staff will be asked to collect and launder the uniforms, but bleach may be added to white uniforms while special sanitizer may be added to colors. The idea of each athlete being responsible for their own uniform has also been considered but seems unlikely.
10. Athletes may be asked to shower independently or away from each other depending on facilities.
11. Athletes (and coaches) may be asked to sit "away from each other" on the bench. Tape may be used to designate separate seating on a bench, or every other chair may be used if the fold out type are used.
12. Athletes will be asked to wear a mask while on the bench (Football has not been determined but seems unlikely if helmet stay on).
13. Athletes, coaches, and staff will be asked to continue wearing masks while visiting the opponent's facilities.

14. Team meals are still under consideration because social distancing needs to be observed at restaurants (Sub sandwiches and pizza have been discussed as alternatives since teams can do that on their own).
15. A solution of alcohol/water in a 5-gallon pump bottle has been suggested to “spray” athletes, and athletic equipment before each practice/training session and after games.
16. All protocols must be followed at other institutions and should be adhered to by visiting teams and organizations.
17. When playing at home, UFTL will ask opposing team to present themselves 2 hours prior to the contest in order for our Athletic Trainer to check their temperature. If opposing team has more than 10% of their players with temperatures above 100.4 contest will be canceled.
18. Fans and supporters may be asked to observe social distancing by sitting away from each other or designated areas in a gym, field, or other athletic facility.
19. If athlete is showing COVID 19 symptoms and or temperature is above 100.4, that athlete will be immediately removed from practice and or game and will be asked to go get tested.
20. If athlete has COVID 19 symptoms, that athlete will be asked to quarantine and not show up to any practice and or game until athlete can produce a negative test result.